



POLSKO-JAPOŃSKA AKADEMIA TECHNIK KOMPUTEROWYCH

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PRINCIPLES FOR COMPLETING THE PHYSICAL EDUCATION (PE) CLASSES

Compulsory PE classes – Summer semester 2018/2019

In the summer semester of the academic year 2018/19, physical education classes are compulsory for **all full-time students of the 4th semester** (at the Faculty of Computer Science, Culture of Japan, New Media Arts and Information Management). The required number of classes to attend is 30.

1. Enrolment for PE classes can be made exclusively **by e-mail** addressed to Head of the PE Unit: maciekk@pja.edu.pl, between 1 and 17 March 2019.

2. The Academy provides the following PE classes:

1. **Aikido**

Venue: Gimnazjum 48, ul. Deotymy 25/33

Dates: Monday, Wednesday and Friday 19.00-20.15;

Starts 11 March

2. **Kendo**

Venue: Warszawskie Stowarzyszenie Kendo, ul. Smocza 19

Dates: Monday, Wednesday 19.00-21.00

Starts 11 March

3. **Kung-Fu / Tai-Chi**

Venue: Szkoła Chińskiego Wu-Shu “Nan Bei Shen Long”

Exact location and schedule of classes can be found at <http://www.wushu.pl/plan-zajec/>

Starts 11 March

4. **Swimming**

Venue: OSiR m.st. Warszawy (Ochota district), ul. Rokosowska 10

Dates: Mon-Fri. 06.00-22.00, Sat-Sun. 08.00-22.00.

Starts 11 March

5. **Gym/fitness**

Venue: McFIT, all locations

For more information, see: <https://www.mcfit.com/pl/>

Starts 11 March

6. **Dance**

Venue: Egurrola Dance Studio: Śródmieście, Ochota, Blue City

Dance classes for students: <http://www.pja.edu.pl/dziekanat/zaliczenia-wf>

Starts 11 March



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3. Enrolment is on the first come, first served basis and subject to availability of places. One student may only enrol in one group only. No enrolling of third persons is allowed.

4. **Students having declared participation in a particular PE course must stay on the course for the duration of the semester.** Students who have not attended the required number of PE hours will receive a failing grade. The PE classes offered by PJAiT may not be combined with other, self-selected classes of this type and it is not possible to resign of chosen course.

5. The compulsory number of classes should be completed by 23 June 2019.

6. Participation in sports etc. classes other than those offered by PJAiT.

Students wishing to request a credit on PE classes on the grounds of participation in sports etc. classes other than those offered by PJAiT should e-mail an application to the Head of the PE Unit by 17 March 2019.

If the request is granted, a certificate should be submitted - by 24 June 2019 - confirming participation in at least 30 classes. The certificate should include the signature of the course leader and a stamp of the sports club or facility. Students who will fail to produce such a certificate within the above deadline will not receive a credit in PE.

7. Exemptions from PE classes:

Students unable to attend PE classes for health reasons must submit a due long-term medical certificate to the Head of the PE Unit by 17 March 2019.

8. Attendance requirements

Absence from more than 6 classes results in a failure in the subject, in which case the student must secure a conditional pass in a different semester – **AGAINST PAYMENT.**

Students doing their PE on their own must participate in the full 30 classes (no absences within this number are allowed).

9. One class is 45 minutes.

10. Minimum attendance on gym (McFIT from PJAiT) trainings is 20 (maximum 1 training per day, 1 training lasts about 75 minutes)

In cases not regulated by the above principles, the decision is made by the Director of the PE Unit, mgr Maciej Krzyczkowski, tel. 022 58 44 588, e-mail: maciekk@pja.edu.pl

27.02.2019

PROREKTOR ds. STUDENCKICH
A. Drabik
dr Aitona Drabik, prof. PJAiT