

Physical education at PJAiT – Rules and Regulations

Physical Education (PE) is obligatory for all students of IV and V semester of full-time undergraduate studies at PJAiT. The number of teaching hours is 30 per semester.

1. PE OPTIONS AVAILABLE TO STUDENTS

a) courses offered by partners of PJAiT

Enrolment can be done by choosing an appropriate course (sport) option on the questionnaire at gakko.pja.edu.pl.

Students' sport declarations will be accepted by 14 October in the winter semester and 14 March of the summer semester.

Information about the enrolment important dates and the results will be sent by e-mail to students' academic accounts. Announcements related to the conditions of passing the subject will be posted at gakko.pjwstk.edu.pl

The following (PE disciplines) sports are available:

- **Aikido**

Address: Szkoła Podstawowa nr 388 im. Jana Pawła II, 01-407 Warszawa, ul. Deotymy 25/33

- **Kendo**

Address: Warszawskie Stowarzyszenie Kendo, XIII Liceum Ogólnokształcące z Oddziałami Dwujęzycznymi im. płk. Leopolda Lisa-Kuli ul. Oszmiańska 23/25, 03-503 Warszawa

- **Kung-Fu / Tai-Chi**

Szkoła Chińskiego Wu - Shu „Nan Bei Shen Long”

Precise location and timetable available at <http://www.wushu.pl/plan-zajec/>

- **Swimming**

Address: OSiR m.st. Warszawy w Dzielnicy Ochota, ul. Rokosowska 10

- **Gym/fitness McFIT**

McFIT, all locations

More information at <https://www.mcfite.com/pl/>

- **Dance/ Egurrola Dance Studio**

Egurrola Dance Studio: Śródmieście, Ochota, Blue City

Timetable available at <http://www.pja.edu.pl/dziekanat/zaliczenia-wf>